

## Trinity Lutheran School

Summer Food Service Menu! Daily menu listed. 2<sup>nd</sup> fruit choice daily will be frozen fruit cup. Salad bar items change daily with 2-4 choices of veggies from local farms.



Breakfast 8:30am-9:15am 1-18yrs eat free (includes milk)
Lunch 11:30am-12:15pm 1-18yrs eat free
Lunch includes milk AND salad bar

All Menus Subject to Change
Students Breakfast FREE; Adults/guests \$4.00
Students Lunch FREE; Adults/guests \$5.00
Salad bar only, staff and guests \$3.00
Chocolate or low-fat plain MILK \$.50
All menus can be modified to serve
students with special diet needs
Salad bar included in all meals

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
B-French Toast, Sausage, Fruit	B-Muffins, Eggs, Fruit	B-Waffles, Yogurt, Fruit		B-Bagel, Egg, Fruit
L-Chicken Tender Wrap Crackers Celery/Carrots Oranges	L-Lasagna Rolls Marinara/Mixed Veggies Garlic Bread Applesauce	L-Maid-Rite on Bun Roasted Potatoes Berries	HAPPY 4 <sup>TH</sup> OF JULY KITCHEN CLOSED	L-Bosco Sticks Marinara Spinach Pears
8	9	10	11	12
B-Pancake Sausage Wrap, Fruit	B-French Toast, Yogurt, Fruit	B-Egg/Bagel, Fruit	B-Muffins, Yogurt, Tri-tater	B-Oatmeal, Eggs, Berries
L-Chinese Chicken and Rice Broccoli Oranges	L-Ham/Cheese Croissant Carrots Craisins	L-Cheeseburger on Bun Fries Apple	L-Sun butter/Jelly Sandwich Scooby Snacks Celery Frozen Fruit Cup	L- Beef Tacos w/ Cheese Cowboy Caviar Applesauce
15	16	17	18	19
B-Bagel, Omelet, Fruit	B-Oatmeal, Yogurt, Fruit	B-French Toast, Sausage Fruit	B-Cinnie Rolls, Yogurt, Fruit	B-Assorted Cereal, Yogurt, Fruit
L-Hot Dog on Bun Goldfish Romaine Salad Apple	L-Mac N Cheese Garlic Bread Mixed Veggies Melon	L-Turkey/Cheese Hoagie Carrots/Hummus Crackers Craisins	L- Pulled Pork Sandwich Coleslaw Oranges	L-Popcorn Chicken Waffles Fries Fruit Cup
22	23	24	25	26
B-Pancake Sausage Wrap, Fruit	B-Oatmeal, Apples	B-Pancakes, Yogurt, Fruit	B-Cinnie Rolls Hb Eggs, Fruit	B-Egg/Bagel, Fruit
L-Fish Nuggets	L- Cheese/Beef Stick	L-Corn Dogs	L-Ham/Cheese Sandwich	L-Cheese Pizza
Mashed Potatoes	Scooby Snacks	Sweet Corn	Crackers	Romaine Salad
Biscuits Pears	Carrots Fruit Cup	Melon	Celery Craisins	Apples
29	30	31	Side Side Side Side Side Side Side Side	
B-Assorted Cereals, Fruit HB Eggs	B-Muffin, Fruit, Yogurt	B-Egg/Biscuit, Fruit		AND/OR
	L-Soft Pretzel w/ Cheese Cup	L-Beef Stick/Cheese Stick	RURAL SI	FA LUNCH
L-Chicken Patty on Bun	Carrots	Scooby Snacks	TRAILBLAZER	
Fries Frozen Fruit Cup	Craisins	Celery Apple		ION AWARD